Different Evil Causes of Smoking

**Abstract:**

 What is one of the leading factors of death in America? Cancer is the second highest killer in America, killing about more than 500,000 people a year. To fully understand how the lives of approximately 500,000 Americans are taken each year, we must find the root of the problem. Cancer can come from anything smoking, eating and even simply breathing in air. We are unaware of how easy it is to get cancer by doing our everyday task. If we understand the cause of different cancers, we could cut back the death rate. Woman are more likely to develop breast cancer than males. Males are more likely to get lung cancer than females, because they smoke more than woman. The most diagnosed cancers are breast and lung cancer. With the high number’s cancer is currently in a burden state. Many people who are diagnosed with cancer are weighed with a new heavy burden. Smoking is one of the leading factors of developing cancer. Not only is lung cancer taken in by the person who is smoking tobacco products, but innocent standbys are developing lung cancer. Simply breathing in the air of tobacco product can put a person at risk in being diagnosed with cancer.

**Introduction:**

There are many ways a person can develop cancer. Everyday we are at risk with being diagnosed with cancer. Next to breast cancer, lung cancer is the second highest cancer diagnoses. The main causes of lung cancer are from smoking and second-hand smoke. Many people in the United States smoke tobacco products, weather its cigarettes, black & mild, or even dip. These products contain many dangerous chemical combinations that are being absorbed in people lungs every day. In the article “Does breathing in other people’s tobacco smoke cause lung cancer?” did a study stating, “Overall there were a highly significant of 35% increase in the risk of lung cancer of non-smokers living with smokers, compared to non-smokers living with non-smokers” (Wald et al). People who do not use tobacco products are still at risk for developing lung cancer. Tobacco is one of the leading causes of the second most diagnosed cancer. In the article “Does breathing in other people’s tobacco smoke cause lung cancer?” states “about one third of lung cancer cases are from non-smoker living with smokers, and a quarter of lung cancer patients are non-smoker in general” (Wald et al). In order to fix these number, we must start with cutting out tobacco products. We need to figure out way that if someone is a non-smoker, we can keep them safe from being diagnosed with cancer. The first leading cause of cancer is breast cancer. Women are more likely to get breast cancer than males are. Breast cancer can stem from many different things such as eating to much saturated fats, and simply just genetics. We cannot help that breast cancer can stem from genetics, but we can control the food that we put in our bodies. We can cut back on foods that are have high saturated fats. Breast cancer is one of the leading cancers for death. In the article “Breast cancer--- epidemiology, risk factor and genetics” state “there are more than 14,000 death due to breast cancer” (Dixon et al).

**Recent Studies:**

Tobacco has been a growing epidemic. In the article “The Global Smoking Epidemic” it states: “since 1965 every two out of five Americans smoked cigarettes” (Proctor 1). Personally, feel that this epidemic is terrible. Having this amount of contamination to the world is causing trouble. The current statics are going down. In 2005 there was only one out of every five people that smoked cigarettes. Although it has gone down this is still bad. There are approximately 14 million people in the united states, so everyone must know someone that indulges in an occasional smoke break. Everyone is at risk of getting second hand smoke, which can lead to many healthy complications.

**Conclusion:**

We have the possibility of lowering cause of death by cancer. There are somethings were can control and others that we have no control over. If we lower the amount of tobacco products being created and used, we can lower the risk of lung cancer. We also should protect people who do not indulge in tobacco products and keep a great distance when smoking. We can create a designated space for smokers, so everyone is not at risk.

References

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